

On the Spiritual Value and Practical Significance of British and American Literature

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Abstract: For a country, the carrier that can reflect its cultural level and accomplishment is literature, which is a manifestation of social ideology. A good work can bring profound inspiration to readers by using various ways to reflect the author's thoughts or the actual phenomena in society. Compared with today's society, British and American literary works depict the development history of human society more profoundly, which has profound practical significance. The core of humanism is embodied in the shaping of people's own spiritual world by this idea, and the power of spirit and the power of free pursuit of love and ideals. It is also the symbolic literature that distinguishes British and American literature from other literature that can be realized through different language expressions, and the way to embody the spiritual value of literature is closely related to cultural characteristics. By studying British and American literature, this paper explores the spiritual value of the western world, promotes the perfection and development of China's core cultural system, cultivates the cultural quality and character of the people, and enhances the sense of cultural identity. It enables us to have different cultural experiences and better promote exchanges between the East and the West.

1. Introduction

Culture is the comprehensive embodiment of a country and national quality, and literature, as the carrier of culture, can be seen as a form of expression in the field of social ideology. It reflects various social phenomena through different language channels, expresses the author's feelings, and at the same time, brings readers more values that inspire humanism in British and American literature, which are mainly reflected in the expression of rationalism and black humor. There are differences between Eastern and Western cultures, and the values of a social group are closely related to its cultural characteristics. Literature can use language to reflect the cultural characteristics it carries. Whether it is British and American culture in the historical development or British and American literature and art in the contemporary process, its basic spiritual essence is the humanism values that we advocate. It pursues the overall nature, equality, harmony and competition, which forms a sharp contrast with nihilism, the meaningless concept of life and decadent powerlessness in today's society [1]. For a country, the carrier that can reflect its cultural level and literacy is literature, which is a form of social ideology. It uses various methods to reflect the author's thoughts or actual phenomena in society. A good work can bring profound inspiration to readers. Compared with today's society, the development history of human society is more deeply portrayed in British and American literary works, which has profound practical significance. It is precisely the symbolic literature that distinguishes British and American literature from other literature that can be achieved through different language expressions. The ways in which literary spiritual value is reflected are closely related to cultural characteristics [2-3]. However, in the process of appreciating and learning British and American literature, due to various reasons, the research on its content may not be deep enough. Therefore, we can explore the spiritual value of the Western world through studying British and American literature. We also need to timely understand the advanced parts of British and American cultural values, learn from each other's advantages, and promote the improvement and development of China's core cultural system, Cultivate people's cultural quality and character, and enhance the sense of cultural identity. Enable us to have a

different cultural experience and better promote communication between East and West [4].

2. A survey of understanding British and American literature

British and American literature is an important form of cultural and artistic expression, which reflects the ideological and cultural reality and social development reality in a certain period. In a narrow sense, British and American literature mainly refers to the literature of Britain and the United States, which is the development of literary works. Its literary style has experienced the test of different social stages, showing a trend from realism to experimental nature to diversified development [5]. British and American literature mainly refers to literature from Britain and the United States. Although the two countries have great commonalities in the language they use, there are differences in history, culture and economic situation in the development process of their respective countries, so under the influence of this factor, there are also certain differences between British and American cultures [6]. Modern and contemporary writers in Britain and America are also willing to inspire the source of inspiration, search for creative materials and refine the supporting fragments from the existing traditional literary matrix, so as to construct, modify, improve, analyze and recreate the surface form of literary creation, and then create the corresponding rich and colorful cultural context and spiritual connotation. In the process of studying British and American literature, we can gradually realize its value and practical significance, mainly in the following two aspects, as shown in Figure 1.

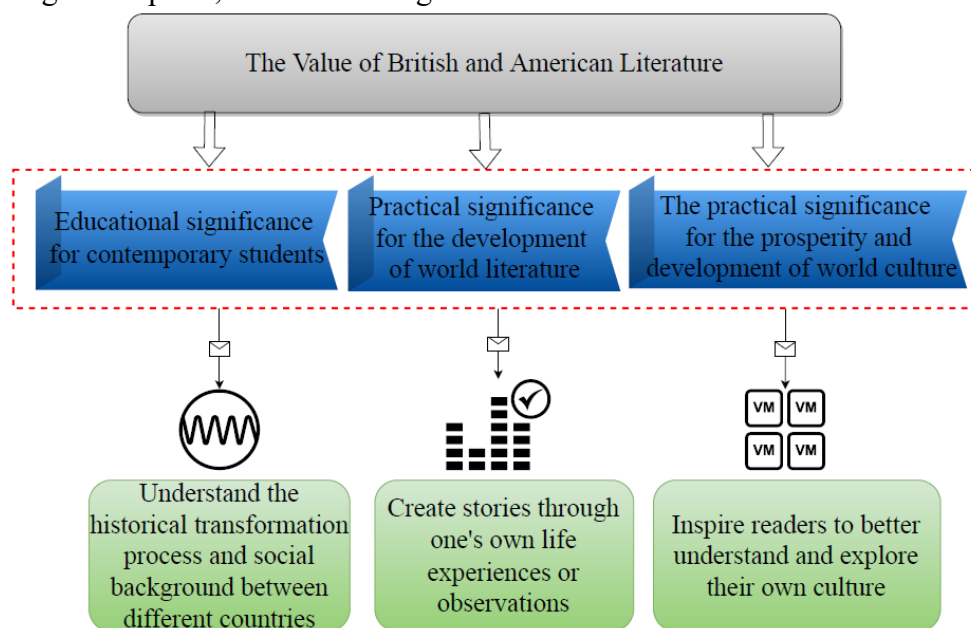


Figure 1 The Value of British and American Literature

In British and American literary works, this spiritual wealth has been constantly passed down to the capital, which also makes the British and American literary works reflect a strong humanistic atmosphere. As the theoretical guidance of social practice, it has been recognized by the corresponding social groups under different ideologies, which is also a profound reflection of the humanism values of British and American literature [7]. The narrative style is formal or sublime, and focuses on a hero or deity like character who often has mysterious traits and qualities, showcasing important cultural archetypal traits of a nation or history.

3. The importance of British and American literature

3.1. Meet the needs of cultural literacy

In the process of appreciating British and American literary works, we can see that the unique charm of their language is reflected in most literary works. For a nation, it is necessary to rely on

words or corresponding literary works to show its cultural heritage and overall thinking, which also requires the continuous development and upgrading of literary works, so as to meet the needs of its own cultural literacy [8]. The essence of humanistic spirit is to liberate people, that is, people should have independent consciousness and subjective consciousness. The humanistic spirit emphasized by Boccaccio and others is only the liberation of the body with a low level, while Shakespeare thinks that man is "the essence of the universe" and has complex emotions, so he should get rid of the shackles of religious theology. Pay attention to the changes brought about by self-struggle, resist the unfair fate, and promote people to get rid of the shackles of religion and country in spirit and jump upward [9]. The core of humanism is embodied in the shaping of people's own spiritual world by this idea. The power of spirit and the power of free pursuit of love and ideals make humanism guide the development of literature and lead a brand-new social fashion. With the development and change of the times, British and American literary works also have a very important influence on modern people's manners and other aspects, and the internal relationship between them is inseparable [10].

3.2. Promoting the flexible learning and application of introductions

Generally speaking, the development of a country's language has its own historical and literary characteristics, and now we are increasingly exposed to various languages in our daily lives, especially learning about the language characteristics and other aspects of the two countries. The character images in British and American literary works often have a strong appeal to students, providing them with positive incentives, and playing an important role in promoting the formation of students' aesthetic taste, values, and outlook on life. In British and American literary works, Western culture is mainly characterized by a democratic and open style, while Eastern culture is relatively reserved and introverted, forming a sharp contrast between the two, which is more likely to stimulate readers' interest in British and American literature and Western culture[11].

Conduct discourse argumentation from the perspective of overall world development. In philosophy, reason mainly refers to the spirit of justice and freedom, advocating science itself, opposing ignorant thoughts, pursuing empiricism thinking of true knowledge, and interpreting the basic needs of the legal system with strict standards of protest and defense. At the same time, in the process of learning a language, this method can also improve one's language ability to a certain extent, ensuring that the learned language is learned and used flexibly, and strengthening the specific application ability of knowledge.

4. Practical Significance of Studying British and American Literature

With the gradual change of humanistic thinking orientation of social groups in China and the innovation of teaching mode of related foreign literature teaching system, especially the vigorous promotion of British and American literature, it has also begun to rapidly trigger the obvious gradual change of the overall teaching system of British and American literature, such as the extension of sight, the depth of vision and the broadening of perspective. Starting with the underlying logic, we can taste the ideological and emotional changes of different groups of people, and then understand the whole western social phenomenon from point to point. In addition, when reading British and American literary works, readers can really stimulate their interest in learning English. Politically and culturally, it also helps us to better understand some western political concepts and some seemingly bizarre practices and customs of westerners. The significance of literature lies in the destruction and rebirth, and some bad problems and thinking habits attacked and destroyed by British and American literature. Both teachers themselves and students have abandoned and changed the single old teaching and learning concept to varying degrees, and truly "liberated themselves" to recognize, appreciate and enjoy British and American literature. When students study British and American literature, it is of great practical significance to feel the unique charm of western culture and get a pleasant reading experience. Specific performance for several aspects, details as shown in Figure 2.

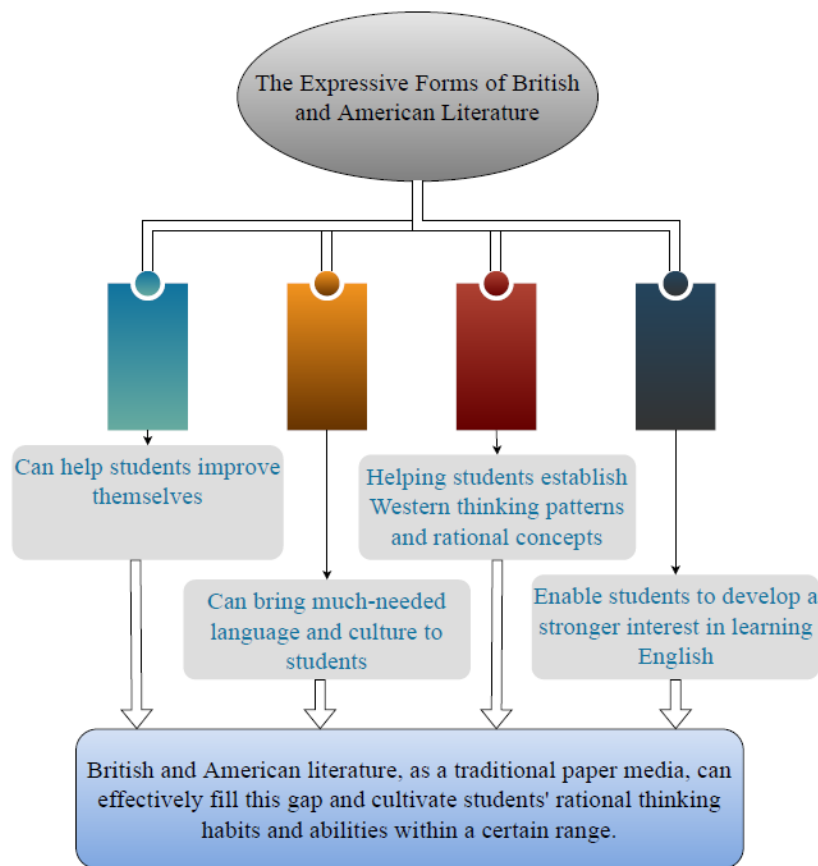


Figure 2 Expressions of British and American Literature

The current cultural market is extremely chaotic. Although the development of cultural diversity has brought about market openness and progress in values, it has also brought countless cultural waste. Some imbalanced cultural concepts will inevitably affect some young people. The decadent and gloomy negative culture of postmodernism is also quietly eroding the thinking of young people. Although the content or characters in most literary works are fictional, to some extent, this literary work may be more authentic and comprehensive than history. By guiding readers to develop correct thinking, it has a strong appeal, cultivates a positive and positive spirit, improves readers' aesthetic and values, and consciously takes on the role of the protagonist during the reading process, understanding the emotional changes of the characters, and stimulating readers' desire to explore.

With the deepening of the teaching and learning of British and American literature, the moral character, literary cultivation, and humanistic qualities of the student community have also been supplemented and extended. It not only enhances the student community's literary connotation and English language context perception ability, but also enables them to have a systematic basic contact with British and American society and acquire cultural knowledge related to the British and American world. In the process of appreciating British and American literary works, through extensive reading, readers can have a clearer understanding of the differences between Eastern and Western cultures. In many British and American literary works, there are also some everyday spoken and local languages included. During the continuous reading process, readers can feel the charm of language and greatly improve their understanding of British and American languages.

5. Conclusions

In the rapid and abundant material civilization, spiritual civilization is in urgent need of improvement and advanced literature and art to irrigate. British and American literary works have strong educational value and outstanding spiritual guidance, which can promote the development of cultural integration today. The public should face up to the influence of culture, learn from foreigners to control foreigners, improve their cultural discrimination, improve their cultural

accomplishment, promote the development of socialist core concepts, and make the literary ecology better and healthier. At the same time, reading can be combined with what you have learned, which makes readers more interested in English learning and greatly improves students' learning enthusiasm. We should attach importance to the influence of British and American culture, actively learn the excellent parts, improve our cultural discrimination and self-cultivation, promote the continuous improvement of the socialist cultural system and promote the benign development of cultural ecology. By studying and understanding British and American literature, we can master the differences and commonalities in literary creation between different countries, and at the same time stimulate readers to better understand and explore their own culture. However, British and American literature, as a multicultural and inclusive literature and art, its literary value should not be underestimated. It is necessary for colleges and universities to further develop the literary value of British and American literature. The cultural characteristics and creative methods of different countries combine and influence each other, which can promote the prosperity and development of world culture.

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